



LaMonte Frick Bolding

July 26, 1950 - April 9, 2026

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LaMonte Frick Bolding passed away peacefully on April 9, 2026, in Memphis, Tennessee, following a long and courageous battle with Parkinson's disease. Born on July 26, 1950, in Searcy, Arkansas, LaMonte lived a life defined by devotion to God and family, a love of the arts, a love for sport, and a good sense of humor.

From a young age, LaMonte was a gifted athlete. Throughout his life he played and competed in football, basketball, and track—throwing discus and shot put. His athletic ability carried him to Arkansas State Teachers College (now the University of Central Arkansas), where he played tight end for the football team and continued to compete in discus and shot put for the track team. During his time there, he earned a Bachelor's Degree in physical education and became a proud member of the Sigma Tau Gamma fraternity. Most importantly, college was where he met the love of his life, Becca Vandiver. After a few spirited—but ultimately unsuccessful—attempts at elopement, LaMonte and Becca were joyfully married on August 19, 1972.

During his senior year of college, LaMonte was invited to attend spring

training camp for the Cincinnati Bengals—a testament to his talent and hard work. A career-ending knee injury, however, prevented him from pursuing professional football. What could have been a heartbreak instead became a blessing in disguise, guiding him toward a long and fulfilling career in sales. Over the years he built deep friendships and earned the respect of colleagues while working in fine jewelry, then in insurance, and ultimately in the financial industry as a bond broker for more than 35 years—holding roles at NBC Bank, Morgan Keegan, Inc., Raymond James, and other firms where he made lasting connections. In 1986, LaMonte moved with his family to Germantown, Tennessee, where he would reside until his passing.

LaMonte's love of the arts was a defining thread throughout his life. He was a devoted music enthusiast who embraced all genres and was always eager to discover something new. An avid concert-goer, he happily attended shows with family, friends, and co-workers, and he never missed a chance to ask what new music someone was listening to. While he had his tried-and-true favorite artists and albums, he delighted in finding a new gem and sharing it with others. His appreciation extended to visual art of every kind, and he especially enjoyed exploring estate sales in search of unique treasures. LaMonte also took great joy in supporting the pursuits of his daughters—whether attending theatrical performances, art shows, horse shows or choir concerts, he was always in the audience, proud and encouraging. He also loved attending Broadway shows and national tours with Becca, a shared passion that brought them many joyful memories together.

LaMonte also had a lifelong love of laughter. From his fraternity days to his years on the trading floor, he was always ready with a joke, a playful prank, or a quick-witted comment that could lighten any moment. His sense of humor was one of his greatest gifts, and he shared it generously with everyone around him. He was also an avid reader who especially enjoyed fantasy novels, mystery thrillers, biographies, and his favorite music and archaeology

magazines. And he was known to have a serious sweet tooth—his mother's pies were legendary, Becca's chocolate sheet cake was a family favorite, and he could often be found at Gibson's Donuts, especially after a concert with his daughters. He also loved to grill, and cooking a perfectly seasoned steak for family and friends was one of his favorite ways to bring people together.

He loved to travel and cherished every opportunity to explore the world with Becca. Together they embarked on adventures near and far, with favorite trips including Sedona, Arizona; Galápagos Islands, Ecuador; Peru; Bermuda; Belize; Jamaica; France; and Croatia—each journey adding new memories, stories, and joy to their life together. Over the years, LaMonte also enjoyed regular reunions with his high school and college friends, gatherings that for many years included activities like duck hunting and plenty of laughter. These friendships remained a treasured part of his life.

Guided by a personal faith that grounded him deeply, LaMonte carried himself with humility and grace. He was a devoted member of The Church of Jesus Christ of Latter-day Saints, where he served in various local leadership positions and teaching callings throughout his life. He was a man of faith who loved the Lord and found peace in knowing he would one day see his family again, free from the bonds of Parkinson's. He was also deeply patriotic and grateful for the freedoms and opportunities he enjoyed throughout his life. Even as his health declined, he faced each day with dignity and determination, offering an enduring example of resilience and quiet courage.

Family was the heart of LaMonte's world. He was preceded in death by his parents, Goldie Jeanette Bolding (née Frick) and Conley Hensley Bolding Sr. He is survived by his beloved wife, Becca Bolding; his daughters Courtney Wilgus (Warren) of New Mexico and Cassandra Bolding (Zach Wagner) of Memphis, Tennessee; and his treasured grandchildren, Oliver and Daisy

Wilgus, who brought him immense joy and pride. LaMonte is also survived by his sister Jan Bolding; brother Buzz Bolding (Carol); and brother Jim Boss (Penny), along with extended family members and friends who will deeply miss him. He is also survived by his loyal dog, Samson, who will miss the many treats, walks, and play sessions he shared with LaMonte.

LaMonte will be remembered for his loyalty, thoughtfulness, and unwavering dedication to those he loved. His legacy is one of love, perseverance, and the quiet but profound impact of a life lived with intention and heart.

Services will be held on Saturday, June 6, at 1 p.m. at The Church of Jesus Christ of Latter-day Saints, 8150 Walnut Grove Rd, Cordova, TN 38018. A reception will follow the services at the same location.

In lieu of flowers, donations may be made to one of LaMonte's favorite charities: Parkinson's Foundation, Methodist Hospice Residence (Memphis, TN), St. Jude Children's Research Hospital, or Perea Elementary School (Memphis, TN).

The family is deeply grateful for the kindness, prayers, and support offered during this time of remembrance.

Upcoming Events

Service

JUN 6. 1:00 PM (CT)

The Church of Jesus Christ of Latter-day Saints
8150 Walnut Grove Rd
Cordova, TN 38018

Tribute Wall



“ *Beautiful in Blue was purchased for the family of LaMonte Frick Bolding.*



May 16 at 12:23 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of LaMonte Frick Bolding.

May 16 at 12:23 PM



“ *Dear cousin the last time I saw you was at a Bolding reunion. It was so great to see you, your family and your siblings. You'll be greatly missed.*

Linda Gipe - May 16 at 12:17 PM



Knew him from High School & college - good Man.

Lester Bland - May 18 at 03:48 PM

BB

“ My deepest condolences to Becca and family.
I think everyone has heard by now how LaMonte volunteered to get a chair for me when I visited the 6th grade at Searcy. A new school for me and I was a complete stranger. From that seed that LaMonte planted grew a tremendous friendship and love for each other that lasted a lifetime. From “Pee Wee” football, through high school football, to trips to Greers Ferry Lake, to UCA together and becoming brothers together in Sigma Tau Gamma. I’ll always have great memories of LaMonte and prayers for Becca and family . I know he was a man of deep faith and we will all have a chance to laugh at all these stories again someday.

Bill Bloodworth - May 14 at 10:59 AM

KH

Becca I deeply sorry for your loss the first time I remember you was when I married Carl Holmes and we were neighbors in Germantown. You were so very nice to me and so was Lamont. I was from Hornersville Mo and first time I lived in a big city you both made me feel right at home. So very sorry for the loss of your precious husband . I lost Carl in February of 26 .

Kathy Holmes - May 16 at 05:22 PM

WO

“First, I want to express my condolences to Becca and all the family on their loss. Take comfort in knowing you will again be with him in the great life hereafter.

LaMonte was a schoolmate and friend from the 6th grade until we graduated UCA in 1972. We were also brothers in Sigma Tau Gamma. LaMonte's was a special athlete with size and power and few could stop him without help. He was dedicated and contributed heavily on every team he played with. He was a man of character and honor, and would compete and fight until the very end. He was know for these qualities by all those around him. In the thick of battle you never had to look to see where he was, for it was right with you. LaMonte show great leadership skills in all he did. He was quick to analyze a problem and offer a solution, which would be agreeable to most all was always proud to be his brother in Sigma Tau Gamma. I'm sure all of those that knew him would echo those same thoughts. He will be missed. May God rest his soul until we meet again.



William Overstreet - May 14 at 02:05 AM

KW

LaMonte was a sweet, easy going, special person and will be remember by many Morgan Keegan / Raymond James employees.

Karen Whitsett - May 15 at 02:39 PM

HT

Such sad news. My thoughts and prayers are with the Becca and her children.
Howard Turney

Howard Turney - May 15 at 04:18 PM

PM

To the Bolding Family, Thank you for entrusting me with Caring for Lamont. It was my Honor. Thanks for Sharing Lamont with me. Rest Easy Big Fella.Love Paul

Paul Miller - May 15 at 11:11 PM

NL

A great athlete and fraternity brother. He made the world a better place. Rest in peace my friend.

Nick Landers - May 16 at 07:15 PM