



Sarla Sinclair Nichols

July 28, 1951 - May 25, 2020

Sarla Sinclair Nichols was born on July 28, 1951 to Carl and Sally Sinclair in South Bend, Indiana. She was an accomplished yoga instructor for many years. She left this earth on May 25, 2020, after a battle with cancer.

She leaves her loving husband, Jimmy Lewis.

Tribute Wall

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“ *Sarla was my guru and introduced me to the healing power of yoga in 2009. Through 11 years of her kindness, guidance, and unbeatable yoga instruction, she helped guide me towards enlightenment in my life, mind, emotions, and physicality. Sarla, I will always love and cherish the memories I have of you, and you will never be forgotten. May God bless your spirit, for it will forever go on. R.I.P. <3*

*Love and light,
Alicia Davidson*

Alicia Davidson - June 24, 2020 at 06:54 PM

JZ

“ *Sarla and I were childhood friends but over the years had lost touch. Thanks to Facebook we reconnected and I'm so glad we did. I cherish our telephone calls, emails and being able to read her blogs. She always was a smart gal and I'm so glad she ended her life happily married and loved by her children, grandchildren and their spouses. I will miss her. Jill*

jill zurcher - May 26, 2020 at 10:03 PM